

Personal, Social, Health, Citizenship and Economic Education (PSHCEE)

Key Stage 4 Curriculum Overview

At Key Stage 4, PSHCEE is taught mainly in Year 10 as a weekly timetabled lesson. Both Year 10 and 11 also a mixture of Form Time activities and external workshops that enrich their PSHCEE curriculum. All of the PSHCEE content in lessons and in workshops are carefully planned to meet the needs of our students and inform them of important topics in an age appropriate way.

The specific workshops differ slightly every year due to internal staffing and external workshop providers. The planned content is reviewed each year and adjusted to meet school aims as well as government guidance. Below is the current planned content:

Year 10

- Liberties and freedoms including human rights and discrimination.
- Mental Health awareness, including coping strategies, the importance of a healthy lifestyle and types of disorders.
- Economic wellbeing, saving vs borrowing, paylips, tax and government spending and gambling.
- Gangs, knife crime, county lines, youth crime and sentencing.
- Period poverty and stigma.
- Healthy lifestyles including nutrition, exercise and sleep.
- Looking after your own health, cancer awareness and the importance of screening, self examination and vaccinations.
- Healthy and unhealthy relationships with a specific focus on recognising the signs of grooming within a relationship and how to get help for yourself or someone you know.
- Child Sexual Exploitation (CSE) and grooming, focusing on recognising the signs and where to get help.
- Different types of marriage including same sex, arranged and forced marriage.
- Abuse and harassment.
- Pregnancy choices including abortion, adoption and teenage parenting.
- Types of Contraception.
- Fertility, miscarriage and the menopause.
- Types of Government.

Year 11

- Local and national governance.
- Global issues and how individuals can make a difference.
- Mental Health including self-esteem and exam stress.
- Extremism and Radicalisation.